## **Player Code of Conduct**

The player code-of-conduct boils down to two key principles. The first principle is DISCIPLINE:

- Work hard and give 100% at every practice to improve your skills your teammates and your coaches are counting on you!
- Plan to arrive ahead of time so that you can get dressed and ready to participate in team activities.
- No fighting or horseplay. This is a distraction when we are preparing for a game or practice and can take away our team's focus.
- Demonstrate mature behavior on and off the ice. Restrain from emotional outbursts such as stick-slamming, throwing equipment, or other aggressive acts.
- Be a team player Learn to get along with your teammates. Make an effort and be supportive of one another pick someone up when they are down or make a mistake. Understand that in hockey, as in life, you should treat others as you would like to be treated.

The second key principle is RESPECT - If you want to be trusted by your teammates and coaches, you must first earn their respect. Here is how you can accomplish that:

- Be on time for practices and other team events. If you will be late or miss a game or practice, it is your responsibility to contact the coaches and let them know your situation. Unexcused absences and lateness may result in discipline as determined by your coach.
- Learn to win and lose with the same amount of sportsmanship and dignity. Always be a good sport and set a positive example for others, particularly younger players.
- Respect your coaches, your teammates, and our team parents all of these people are here to help you become a better hockey player.
- Respect all of our opponents, their coaches, their parents and officials from other teams.
- Never argue with an official's decision, whether you agree or not. It is important to remain calm and refrain from emotional outbursts or using abusive or threatening language.

## WHILE AT ALL MUSIC CITY MARAUDER EVENTS: Locker rooms, hotels, and all ice-facilities

- All team members will follow the dress code, Music City Marauder warm-ups and related gear to all games played while traveling.
- Always be on your best behavior keep in mind that you are representing the Music City Marauders and want to ensure a positive image for yourself and our organization.
- Respect and act accordingly in all ice rink facilities, including public areas, locker rooms and parking
  lots when warming up. This means picking up our own trash and leaving these facilities the same or
  better than when we arrived. The same rules apply for hotel rooms, hotel lobby, hallways, conference
  rooms, adjacent hotel facilities, restaurants, etc.
- Any behavior that reflects poorly on the team may result in disciplinary action as decided by the Coach and/or the Board of Directors.



<sup>\*</sup>Adapted from USA Hockey Code of Conduct